

THE TRUTH ABOUT KRATOM

Kratom is a plant-based substance, often marketed for pain relief, energy boost, and opioid withdrawal

Kratom is not regulated – making it **unpredictable** and **inconsistent** in quality and potency



Kratom may be **addictive** and lead to **dependence and/or withdrawal**



Kratom products have been found **contaminated with:**

- Heavy metals like lead and nickel
 - Salmonella bacteria
 - Undeclared ingredients
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Avoid mixing Kratom with treatment medications or prescriptions like opiates, alcohol, benzodiazepenes

Kratom may interfere with your treatment plan or increase cravings



Be cautious of “natural” products sold at gas stations or online—they may be **mislabeled** or **contaminated**



Scan the QR code to learn more from our Patient Information and Education Series



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